

JAY'S STRAIGHT TALK

UNPLUGGED AND UNCENSORED



i CAN'T IMAGINE
MASTERING THE SKILLS
INVOLVED HERE WITHOUT
A CLEARER UNDERSTANDING
OF WHO'S GOING TO BE
IMPRESSED*



JAY McDONALD
Empowering Excellence

Straight Talk XVIII Launch Week December 2 2011

All: What a week; one to ones to beat the band and my launch meeting...all great stuff! CE Group 3850 launched successfully this week with 12 members (another is signed but going through M&A stuff, which is good for him, so I've not sent in his application yet pending the deal). High energy, great participation and much progress with the Founding Members. Thanks to Linda Gabbard for all of her help and her participation in my inaugural meeting. I'm happy to speak with any of you, or share you whatever you'd like, to assist you with your first meeting. The team at Vistage has been outstanding! My heartfelt appreciation goes out to Linda, Larry Hart, Shannon Gray, Mary Hoffman, Maria Mello, Al Stuempel, Larry Hawks, the Atlanta Chair Group, Patrick Ungashick, Chet Zalesky, Kirk Halpern, John McKenney, and all of my great Studio VI classmates and instructors. My apologies to anyone that I've unintentionally omitted. Continued salutes to our group's success. We've got our own "Occupy Vistage" going with new members being signed all over the world by the July Studio VI Group...keep building!

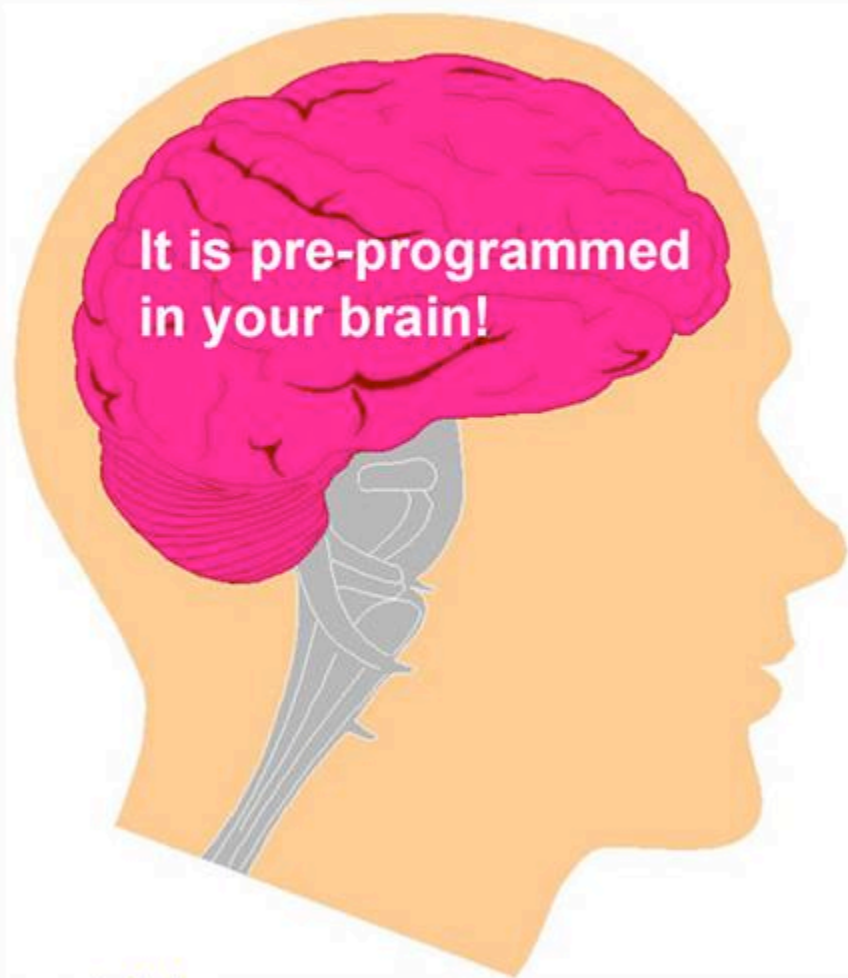
This week's humor and thoughts include Christmas, Mind over Body experiences, auto & 50s/60s nostalgia (I once had a GTO convertible...what fun!), King Arthur, and a fun and inspirational video on former NFL cheerleaders and breast cancer help. It's inspiring to hear from each of you as you garner successes every day. Our commitment to Vistage and helping others and our togetherness created from that few days in July in San Diego is the fuel that's propelling our group to achieve what few, if any, other Vistage chair candidates have done. You're the best! Thanks again and have a wonderful week.
Jay

Ho Ho Ho!

Why Christmas is in Winter



HOW SMART IS YOUR RIGHT FOOT?



Try out this.....

This is hysterical. You have to try this. It is absolutely true. I guess there are some things that the brain cannot handle.

You have to try this please, it takes two seconds.

I could not believe this!

It is from an orthopedic surgeon.

This will confuse your mind and you will keep trying over and over again to see if you can outsmart your foot, but, you can't. It is pre-programmed in your brain!

1. While sitting at your desk in front of your computer, lift your right foot off the floor and make clockwise circles.
2. Now, while doing this, draw the number '6' in the air with your right hand. Your foot will change direction.

I told you so! And there's nothing you can do about it! You and I both know how funny it is, but before the day is done you are going to try it

Cruizin' in the 50s and 60s

This will evoke some memories.

Of course not for me, I'm too young! !

At the very end of the video
You'll hear the song ' Thunder Road

' sung by the star
Of the movie for which it

was the theme!
Not uncommon except this

is the one and only song
Ever recorded, for

publication, sung by Robert Mitchum!
Cars we drove in the 50's

and 60's

Click on line below

> <http://cruzintheavenue.com/CarsWeDrove.htm>

King Arthur and the Witch:

Young King Arthur was ambushed and imprisoned by the monarch of a neighboring kingdom. The monarch could have killed him but was moved by Arthur's youth and ideals. So,

the monarch offered him his freedom, as long as he could answer a very difficult question. Arthur would have a year to figure out the answer and, if after a year, he still had no answer, he would be put to death.

The question? ... What do women really want? Such a question would perplex even the most knowledgeable man, and to young Arthur, it seemed an impossible query. But, since it was better than death, he accepted the monarch's proposition to have an answer by year's end.

He returned to his kingdom and began to poll everyone: the princess, the priests, the wise men and even the court jester. He spoke with everyone, but no one could give him a satisfactory answer.

Many people advised him to consult the old witch, for only she would have the answer.

But the price would be high, as the witch was famous throughout the kingdom for the exorbitant prices she charged.

The last day of the year arrived and Arthur had no choice but to talk to the witch. She agreed to answer the question, but he would have to agree to her price first.

The old witch wanted to marry Sir Lancelot, the most noble of the Knights of the Round Table and Arthur's closest friend!

Young Arthur was horrified. She was hunchbacked and hideous, had only one tooth, smelled like sewage, made obscene noises, etc. He had never encountered such a repugnant creature in all his life.

He refused to force his friend to marry her and endure such a terrible burden; but Lancelot, learning of the proposal, spoke with Arthur.

He said nothing was too big of a sacrifice compared to Arthur's life and the preservation of the Round Table.

Hence, a wedding was proclaimed and the witch answered Arthur's question thus:

What a woman really wants, she answered ... is to be in charge of her own life.

Everyone in the kingdom instantly knew that the witch had uttered a great truth and that Arthur's life would be spared.

And so it was, the neighboring monarch granted Arthur his freedom and Lancelot and the witch had a wonderful wedding.

The honeymoon hour approached and Lancelot, steeling himself for a horrific experience, entered the bedroom. But, what a sight awaited him. The most beautiful woman he had

ever seen lay before him on the bed. The astounded Lancelot asked what had happened.

The beauty replied that since he had been so kind to her when she appeared as a witch, she would, henceforth, be her horrible deformed self only half the time and the beautiful maiden the other half.

Which would he prefer? Beautiful during the day ... or night?

Lancelot pondered the predicament. During the day, a beautiful woman to show off to his friends, but at night, in the privacy of his castle, an old witch? Or, would he prefer having a hideous witch during the day, but by night, a beautiful woman for him to enjoy wondrous intimate moments?

What would YOU do?

What Lancelot chose is below.

BUT ... make YOUR choice before you scroll down below.

OKAY?

Noble Lancelot said that he would allow HER to make the choice herself.

Upon hearing this, she announced that she would be beautiful all the time because he had respected her enough to let her be in charge of her own life.

Now ... what is the moral to this story?

The moral is.....

If you don't let a woman have her own way....

Things are going to get ugly!!!!

Former Cheerleaders Fight Breast Cancer

136 former cheerleaders (some of them breast cancer survivors) got together to do a dance routine to benefit "Susan G. Komen for the Cure" (Breast Cancer). When they get 5 million views on the video, United Healthcare will make a \$50,000 donation to the Komen organization. Their goal is to get 5 million hits, which will lead to \$100K raised, but United Healthcare will donate ANOTHER \$50,000 at 8 million views!

Please can you take a moment to watch the video - and, just as important, pass this link onto your network of friends, family and colleagues? It benefits a very important cause!

Thanks for helping!

www.KomenPhiladelphia.org/Video